

# CAP

## Maintaining Certification through the Continuous Assessment program

Begin CAP  
4-Year Cycle



The Continuous Assessment Program (CAP) begins in the calendar year following your exam. It is comprised of CE and triannual mini-assessments. It renews every 4 years as long as requirements are met.

100 CE Hours



100 hours of CE is needed during each CAP cycle. In addition to COPE and non-COPE CE, Diplomates can earn CE through CAP activities, such as mini-assessments, learning modules, and free ABO sponsored webinars online.

9 Mini  
Assessments



Mini-assessments are offered 3 times per year, for a total of 9 assessments during each CAP cycle. They are open source, focused on a single topic and 25 questions in length. Diplomates must pass 7 out of 9 assessments during each CAP cycle.

25 Quality  
Care Points



Diplomates must log 25 quality care points during each MOC cycle. Quality care points may come from a variety of activities including CE, patient encounters, society membership, journal articles, lecturing, etc. and MUST be in the CAQ practice area.

3-Year  
Evaluation



Evaluation occurs at the end of year 3 in your CAP cycle. If all requirements have been met, Diplomates have no requirements due in the 4th year and begin a new 4-year CAP cycle the next year. If requirements are not met, Diplomates can use year 4 as a remediation year.