

References for Contact Lens CAP Assessment

Topic: Scleral Lenses (questions 1-5)

Barnett M, et al. CLEAR – Scleral lenses. *Contact Lens & Anterior Eye*. 2021; 44 (2): 270-288.
[https://www.contactlensjournal.com/article/S1367-0484\(21\)00015-1/pdf](https://www.contactlensjournal.com/article/S1367-0484(21)00015-1/pdf)

Topic: Orthokeratology (questions 6-9)

Vincent SJ, et al. CLEAR – Orthokeratology. *Contact Lens & Anterior Eye*. 2021; 44 (2): 240-269.
<https://www.sciencedirect.com/science/article/pii/S1367048421000175>

Topic: Medical Uses of Contact Lenses (questions 10-13)

Jacobs DS, et al. CLEAR – Medical use of contact lenses. *Contact Lens & Anterior Eye*. 2021; 44 (2): 289-329. [https://www.contactlensjournal.com/article/S1367-0484\(21\)00016-3/pdf](https://www.contactlensjournal.com/article/S1367-0484(21)00016-3/pdf)

Questions 14-25 will be fundamental knowledge questions covering these topics related to contact lenses.

- Fitting and prescribing soft contact lenses (spherical, toric, multifocal)
- Fitting and prescribing rigid gas permeable (RGP) lenses
- Fitting and prescribing scleral lenses
- Fitting and prescribing for patients with keratoconus or other irregular corneas
- Assessment, differential diagnosis and treatment/management of CL-related complications

If you wish to review prior to answering the fundamental knowledge questions, we suggest the following references:

- Stapleton F, et al. CLEAR – Contact lens complications. *Contact Lens & Anterior Eye*. 2021; 44 (2): 330-367. [CLEAR - Contact lens complications - Contact Lens and Anterior Eye \(contactlensjournal.com\)](https://www.contactlensjournal.com/article/S1367-0484(21)00016-3/pdf)
- The Wills Eye Manual, 7th ed. (2017), Section 4.20: Contact Lens-Related Problems
- The GP Lens Institute website <https://www.gpli.info/>, particularly the Contact Lens Clinical Pearls Pocket Guide <https://www.gpli.info/pdf/pearl-fitting-guide.pdf>
- AOA Clinical Practice Guidelines Care of the Contact Lens Patient (2006) <https://www.sdeyes.org/docs/CPG-19.pdf>
Note: This guideline was published in 2006 and contains some outdated information, but is useful for reviewing the basic concepts of contact lens fitting.