

# CONTINUING EDUCATION POINT SYSTEM



## American Board of Optometry Maintenance of Certification

In addition to annual modules, you must earn 100 points of continuing education (CE) in each three-year MOC stage. CE must be entered on your MyTracker page by December 31 of the final year of each three-year stage. Activities can be added as individual courses, e.g., "Glaucoma Update (two hours)," or as a block of conference courses, e.g., "SECO 2015 (16 hours)."

### Category 1 Education (Minimum of 50 points; maximum of 100 points)

Live, in-person, continuing education lectures and workshops approved by a state optometry board or COPE.

Continuing Education (CE) = 1 point per hour

Continuing Education with Examination (CEE) = 2 points per hour

### Category 2 Education (Maximum of 50 points)

Subcategory limits have been eliminated as of 2015. Activities cannot count for duplicate credit. For example, if you are claiming points for fellowship in the American Academy of Optometry, a case report used in the FAAO process cannot be used toward Category 2F credit.

#### A. Presentation of educational activities at schools and colleges of optometry

accredited by the Accreditation Council on Optometric Education (ACOE), or medical schools approved by the Liaison Committee on Medical Education (LCME). *Note: Presentations given as optometric continuing education **do not** count toward Category 2A credit.*

Lectures = 1 point per hour

Grand rounds = 1 point per hour

#### B. Distance learning courses with examinations approved by a state, the District of Columbia, a U.S. commonwealth or territory board, or COPE.

Journal courses = 1 point per hour

Online courses = 1 point per hour

Other electronic media = 1 point per hour

#### C. Educational and scientific activity portions of hospital meetings; national, regional, state or local optometric or medical meetings; or grand rounds **not approved by COPE or a state board.** *Note: This can include advertorial presentations such as those by CL or pharmaceutical companies.*

Activities as approved by ABO = 1 point per hour

#### D. ABO-authorized quality improvement activities

Record review with report = 1 point per 10 records

Peer evaluation using validated format = 5 points

Documented point-of-care learning (e.g., surgical observation) = 1 point per hour

**E. Education programs** (MOC points awarded only in year of initial completion)

Programs by a university or college having a defined curriculum, designated faculty, and accreditation from a recognized institutional accrediting organization or an agency recognized by the U.S. Department of Education, that are designed to enhance a participant's instructional, research, administrative, or clinical knowledge and skills necessary for the participant to succeed as an educator, administrator, or practitioner in optometry.

Accreditation Council on Optometric Education (ACOE) accredited residency = 50 points  
Professionally related master's or doctoral degree (e.g., MPH, PhD in vision science, or MBA) = 50 points

**Other education programs:**

Non-accredited residency program = 50 points  
Clinical fellowship program without degree = 50 points  
Fellowship in the American Academy of Optometry = 50 points  
Fellowship in the College of Optometrists in Vision Development = 50 points  
Diplomate in the American Academy of Optometry = 50 points

**F. Scholarly activities**

**Development of assessment tools and guidelines:**

ABO Self-Assessment Modules (SAMs) = 5-20 points  
ABO Performance in Practice Modules (PPMs) = 5-20 points  
Item writing for ABO examination = 2 points per item  
Item review for ABO examination = 20 points per session  
Service on AAO oral examination committee = 10 points per year  
Service on AOA Evidence-Based Optometry committee = 10 points per guideline

**Teaching health-care students or health-care professionals:**

Clinical education of residents, interns or externs = 5 points per quarter or trimester

**Review and editing of manuscripts for publication** in a peer-reviewed optometry, medical or scientific journal:

Service as journal editor = 20 points per year  
Service on journal review board = 5 points per year

**Publication of a clinical, review or research article** in a peer-reviewed optometry, medical or scientific journal:

Original research, first author = 20 points  
Original research, second author = 10 points  
Review, first author = 10 points  
Clinical case, first author = 10 points

**Presentation at scientific portions of meetings** including, but not limited to, the American Academy of Optometry, SECO, Association for Research in Vision and Ophthalmology, and AOA Optometry's Meeting®:

Scientific paper presentation = 5 points  
Scientific poster presentation = 5 points  
Grand rounds case presentation = 2 points